



# LISTENER'S GUIDE

Thank you so much for reviewing the podcast! I can not emphasize enough how much it means to me and the growth of Direct Primary Care. I have prepared ten of the best episodes from the past on selected topics that I think you'll love. If you have any thoughts about the podcast, I would love to hear your opinions!

~ Your Host, Maryal Concepcion, MD

The Father Of Direct Primary Care:

**Dr. Garrison Bliss (He/Him)**

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**Dr. Maryal Concepcion (She/Her) of  
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**Dr. Garrick Baskerville (He/Him) of  
METSI Care**

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Starting DPC While in Residency:

**Dr. Jade Norris (She/Her) of Nspire  
Primary Care**

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## Building your DPC Brand:

**Building Your Brand w/ Dr. Aleea Gupta  
(She/Her) of Family First DPC & Alexa  
Torres (She/Her) of Care ID**

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## Financing a DPC Practice:

**Dr. Brian Ostick (He/Him) of Health and  
Healing DPC**

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## Women in Charge:

**Dr. Leslie Surbeck (She/Her), Dr. Shary  
Vang (She/Her) and Dr. Anita  
MacDonald (She/Her) of Evergreen  
Primary Care**



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Balancing Life and a Practice Together:

**Dr. Natalie Gentile (She/Her) & Dr.  
Kirsten Lin (She/Her) of Direct Care  
Physicians of Pittsburgh**

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Life 2 Years After Direct Primary Care

**Dr. Jake Mutch (He/Him) of Defiant  
DPC & Dr. Deepti Mundkur (She/Her)  
of My Happy Doctor & Dr. Lauren  
Hughes (She/Her) of Bloom Pediatrics  
and Lactation**

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